

# Importance of wasp and honey bee recombinant allergens in the diagnosis of hymenoptera venom anaphylaxis

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## Abstract:

**Background:** Hymenoptera venom-allergic patients frequently present multiple sensitisations.

**Objectives:** To define the allergic profile by components in Hymenoptera venom allergic patients. To study the usefulness of specific IgE to components in cases of negative results of sIgE to the venoms.

Patients (n = 86) with a diagnosis of allergic systemic reaction following honey bee or wasp stings were included in the study. Skin prick tests (SPT) and intradermal reaction were performed.

sIgE to complete extracts of honey bee (*Apis mellifera*), *Vespula* (*Vespula* spp.), venom and recombinant allergens rApi m1, rApi m5; rVes v5 and rVes v1 5 were analysed by ImmunoCAP (*Phadia*). sIgE concentration higher than 0.35 kU/l were considered positive.

**Results:** 86 patients (40 male, 46 female) were included. No sIgE to Honey bee/*Vespula* was detected in 15 patients. In 7 of them only component diagnosis (Api m1 and Ves v5) confirmed hymenoptera allergy. Positive correlation between severity of anaphylactic reaction and sIgE to rVes v1 concentration was observed ( $r = 0.85$ ;  $p < 0.05$ ) and sIgE to rApi m1 ( $r = 0.87$ ;  $p < 0.05$ ). None such correlation was observed with specific IgE to other venom components.

**Conclusions:** Components analysis can be useful to make diagnosis more accurate. Determination of sIgE towards phospholipase A2 (*Apis mellifera*) and phospholipase A1 (*Vespula* spp.) may reflect severity of allergic reaction after hymenoptera sting.

**Key words:** hymenoptera venom allergy, diagnosis

Anaphylaxis is a rapidly developing and life-threatening hypersensitivity reaction of the body in response to a triggering allergen and is the most dangerous atopic disease. Anaphylaxis represents a significant health care burden. The most common causes of anaphylaxis are foods, medications and insects. Anaphylaxis occurs in approximately 1–3% of people annually [1]. In the US, it occurs at least once in a lifetime for 2% of the population [2]. The incidence of anaphylactic reactions is increasing, mostly in young people and women. Different studies have shown that the incidence of anaphylaxis is much higher than was previously estimated [3, 4]. Allergy to hymenoptera venom

is an important medical problem. Hymenoptera anaphylaxis is one of the leading causes of severe allergic reactions and can be fatal. The incidence of an allergic reaction after insect stings ranges from 0.15% to 0.8% in children and from 0.3% to 8.9% in adults [5]. The rate of reported systemic sting reactions (SSRs) and ranges from 0.3% to 7.5% in latest European epidemiological studies [6]. Stinging of a sensitized subject by a hymenoptera insect is a life-threatening issue [1]. The severity of anaphylaxis depends on the individual sensitivity of the patient, concomitant diseases, and genetic and environmental factors. Thus far, no parameters have been identified that can predict who will be

at risk for an allergic reaction after a sting or what the severity will be [5]. Knowledge of the composition of venoms and structure of allergens is a prerequisite for the accurate diagnosis and treatment of insect venom allergy. Hymenoptera venoms are a complex mixture of biogenic amines, peptides, toxins, enzymes, and low-weight proteins. Among different Hymenoptera venoms, honey bee venom (HBV) is currently the best characterized. A total of about 105 compounds among different Hymenoptera venoms were described and listed in the WHO/IUIS Allergen Nomenclature official database [7]. Actually, out of these compounds, 5 allergens have been identified in HBV. Phospholipase A2 (Api m1), hyaluronidase (Api m2), acid phosphatase (Api m3), dipeptidyl peptidase IV (Api m5), and/or icarapin (Api m10) are those allergens of high abundance in HBV and specific IgE against those compounds have been identified in 94.4% of allergic patients. In yellow jacket (*V. vulgaris*) venom, phospholipase A 1 (Ves v1) and antigen 5 (Ves v5) have been identified as major allergens.

The only, very effective causative treatment is allergen immunotherapy, venom immunotherapy with a protection rate ranging from 75% to 98%. Their effectiveness, however, depends on precise diagnosis and appropriate selection of the vaccine. One of the diagnostic problems are negative skin tests and no detectable venom specific IgE in the serum of anaphylactic patients.

Evaluation of serum allergen specific immunoglobulin E (sIgE) to hymenoptera venoms in relation to usefulness of specific IgE to their components was an objective of the study. We want also to study the usefulness of specific IgE to components in cases of negative results of sIgE to the venoms.

### Materials and methods

We included into the study 86 patients (40 male, 46 female) with anaphylactic reaction to wasp or honey bee sting.

Diagnosis was made on the basis of medical history. Diagnosis of wasp or honey bee (*Vespula* spp., *Apis mellifera*) venom allergy was made on the basis of medical history of anaphylactic sting reactions, positive skin test responses, and/or detection of specific IgE to wasp or honey bee venom.

Anaphylaxis was diagnosed according to the clinical definition presented by the World Allergy Organization [8], which required documented symptoms or signs of the involvement of 2 or more organ systems, including the skin, respiratory (*dyspnoea*), gastrointes-

tinal and cardiovascular systems (syncope, loss of consciousness). The severity of the anaphylactic reaction was estimated according to Muller's scale.

In all patients skin prick tests and stepwise incremental venom intradermal skin tests with wasp and honey bee venom extracts were performed (Pharmalgen, ALK, Denmark).

The following sIgE were determined in the serum of investigated patients: sIgE to complete extracts of honey bee (*Apis mellifera*), *Vespula* (*Vespula* spp.) venom and recombinant allergens of honey bee rApi m1 (phospholipase A2), rApi m5 (allergen C) and wasp rVes v1 (phospholipase A1), rVes v5 (antigen 5), MUXF3 CCD bromelin and analysed by Immuno CAP 250 (Phadia GmbH, Freiburg, Germany). sIgE values greater than 0.35 kU/l were considered positive.

The data were analyzed using Statistica software. Comparison of continuous variables that were not normally distributed was performed using the Mann-Whitney U test and were expressed as medians with 95% CI. The data from normally distributed continuous variables were analysed with ANOVA and expressed as the means with SD.

### Results

**Table 1.** Characteristics of the patients.

Patients allergic to	Age (years)	Severity of anaphylaxis	Gender
Wasp venom	21–68; 49.4 ± 7.2	3.2	18 M; 25 F
Honey bee venom	20–66; 47.3 ± 6.4	3.6	22 M; 21 F

There was observed positive correlation between sIgE to r Ves v1 (i 209) and severity of anaphylaxis acc to Muller after wasp sting ( $r = 0.85$ ;  $p < 0.05$ ) (fig. 1).

No such correlation was registered with another investigated wasp venom component, antigen 5. – rVes v5 ( $r = 0.38$ ;  $p < 0.05$ ).

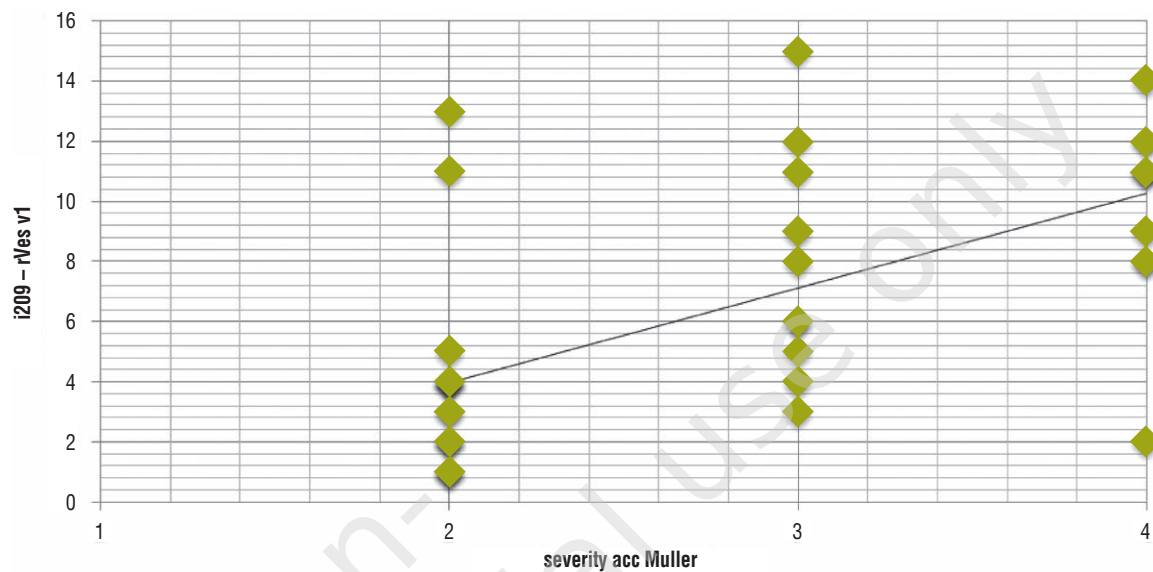
Correlation of sIgE to complete extract of wasp and severity of anaphylaxis acc to Muller after wasp sting was weaker, but still positive ( $r = 0.67$ ;  $p < 0.05$ ).

Similar result was observed with sIgE to honey bee and anaphylaxis ( $r = 0.71$ ;  $p < 0.05$ ).

There was observed positive correlation between sIgE to rApi m1 and severity of anaphylaxis acc to Muller after honey bee sting ( $r = 0.64$ ;  $p < 0.05$ ).

The study found that concentration of sIgE to whole honey bee extract correlate in different ways with sIgE to the compound of the venom being positive

**Figure 1.** Correlation between sIgE to wasp venom component rVes v1 and severity of anaphylactic reaction ( $r = 0.85$ ;  $p < 0.05$ ).



with sIgE to rApi m1;  $r = 0.87$ ;  $p < 0.05$ ), and without statistical correspondence with rApi m10.

Analysis of the relationship between concentrations of sIgE to wasp whole venom (*Vespula* spp.) and individual compounds of the venom showed positive correlation only with rVes v1;  $r = 0.42$ ;  $p < 0.05$  demonstrating its absence with rVes v5.

Among 15 patients with negative results of sIgE to complete both venoms, 7 subjects revealed specific IgE to their components (Api m1, Ves v1;  $n = 3/4$ ) and helped to confirm suspected diagnosis of venom sensitivity. sIgE to *Vespula* (*Phadia*) was negative in eight patients but three of them showed positive sIgE to rVes v5 (*Phadia*) but only two patients to rVes v1. sIgE to complete extracts of honey bee (*Apis mellifera*) (*Phadia*) was negative in 7 patients but 4 of them showed positive sIgE to rApi m1 but only in 1 to rApi m5 (*Phadia*).

## Discussion

In patients who have suffered from a systemic reaction after a Hymenoptera sting, the severity of the next reaction cannot be predicted from the previous reaction, as the amount of venom can differ [6]. In addition, cofactors, such as intake of drugs ( $\beta$ -blockers and ACE inhibitors), illness, stress, or alcohol, can increase the severity of allergic symptom. Observed gaps in the diagnosis of insect venom anaphylactic patients were previously caused by imperfect venom extracts lacking a few important allergens (e.g. icarapin, vitellogenins). This imperfection makes it difficult to make a decision

to start venom immunotherapy, leaving these patients without adequate and effective therapy. A small group of patients reporting systemic reactions to insect stings had no detectable venom specific IgE in their serum and were “negative” at skin testing [9]. This could be due to insufficient sensitivity of tests, or to a long interval from the sting-induced reaction to testing with spontaneous decline in venom specific IgE [10]. The failure to detect venom specific IgE provides no guarantee that the clinical reactivity has waned.

Use of component-resolved diagnosis enables diagnosed venom allergy in 7 patients with so far not proved sensitization.

The current treatment for insect venom allergy includes advice to minimise exposure to further stings, prescription of self-administered adrenaline, and venom immunotherapy (VIT) in selected people.

However, positive skin tests or serologic results obtained with conventional venom extracts do not always reflect a primary sensitization. Crude venom extracts used conventionally for diagnosing Hymenoptera allergy not always reflect real sensitization and sometimes is misdiagnosed because of allergen cross-reactivity.

For the cross-reactivity are in 50% responsible anti-N-Glycan cross-reactive carbohydrate determinant (CCD) IgE antibodies [11–13].

Majority of insect venom allergic patients (66%) demonstrates hypersensitivity to one species specific recombinant venom allergen [14]. In our study only few patients were double sensitive. Limitation of presented study was ability to determine selected anti-

bodies from among complete panel of wasp and honey bee compounds e.g. Api m1, 2, 3, 5, 10.

Currently, there is no pattern of sensitization of allergens known which can predict safety or efficacy of a specific immunotherapy. We observed that severity of anaphylaxis correlated positive with serum concentration of sIgE to r Ves v1 in wasp allergic patients and sIgE to rApi m1 in honey bee allergic ones. Authors of a small study cohort with 31 patients treating patients either with native or purified aqueous HBV extracts according to IgE levels of Api m4 < or  $\geq$  0.98 kU A/L respectively, reported a higher rate of side effects and less success after insect sting challenge in the group of patients with higher IgE to Api m4 [15].

Sensitivity to allergen components of honey bee venom and specially wasp ones differ according to dominating in this geographical region species and type of diagnostic venom extract used.

There were reported controversial attempts adding recombinant allergens to improve the detection of Hymenoptera venom allergic patients in addition to spiking wasp venom extract with Ves v5 [16].

Phospholipase A2 (Api m1) has been considered the most important and potent allergen of bee venom. We observed its good correlation with sIgE to whole body extract. In other studies with the bee venom compound-based diagnosis, it has been observed that use of allergen Api m1 has different sensitivity according to the technique and sources used [17]. Component-resolved diagnosis based on the use of well-defined, properly characterized and purified natural and recombinant allergens constitutes a new approach in the diagnosis of venom allergy.

We consider CRD shall be used as a complementary diagnostic tool, linked to patient's history, skin-prick testing, and specific-IgE determination, rather than a first-line choice. It may allow identification of biomarkers, which can be used for risk stratification in VIT and enable the selection of appropriate preparations for VIT according to personalized sensitization profile.

The diagnostic gap of previously undetected Hymenoptera allergy has been decreased through introduction of recombinant allergens. Knowledge of analogies in interspecies proteins and cross-reactive carbohydrate determinants is necessary to distinguish relevant from irrelevant sensitizations. The obtained information contributes to an increased diagnostic precision in HVA as we also proved in the study but still few questions remained unanswered. The benefit of the commercially component-resolved diagnosis in the present form is questionable, due to the insufficient

sensitivity [18]. This diagnostic method is still challenging one.

We consider CRD shall be used as a complementary diagnostic tool, linked to patient's history, skin-prick testing, and specific-IgE determination, rather than a first-line choice.

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